

EXAM PREPARATION

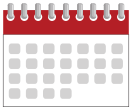
Prepare for your exams the right way, and you will enter the test feeling organized and in-control!



Express your needs

- Know where you stand going into the exam!
- Check out how much the exam is worth, how you prioritize the class, and how the exam will be formatted: these will tell you the amount of time and intensity to dedicate to preparation.
- Ensure to collect any class notes you may be missing.

Organize & Schedule



- Begin by scheduling dates and times for each subject.
- Break each course up into units, and schedule your studying based on which units need more emphasis.
- Be sure to pencil into your schedule time for breaks, exercise, meals, and SLEEP!
- Put variety into your schedule to avoid boredom and confusion from too much time spend on one subject.
- Be sure to set your schedule enough in advance – don't leave it until the night before!

Read & Review



- Ensure you've completed any missed readings
- Begin reviewing your notes while highlighting key concepts and important terms.
- Review or re-do old assignments – practice makes perfect.
- As you do this, make new study notes by hand to improve your retention of the information.
- The best method is to use flashcards, writing on them both general ideas and smaller details.
- Organize them by category, using numbers or colours for easy studying.

Test Yourself



- ...in a way related to how the course and exam are structured.
- That could mean memorizing specific dates for a multiple choice exam or practicing writing essays.
- Go through your flashcards and answer each question, laying out the cards on your desk to recall the ordered and logical way to approach the answer.
- Practice writing out the answers to your questions, adding details and examples from your notes.
- Be sure to WRITE down your answers to avoid cheating yourself... "Oh, I would have gotten that!".
- For final review, testing yourself verbally can be the ultimate test of how well you know the answer.

Seek out other study aids



- Ask your teacher questions, consult with peers, or join a study group.
- These methods will be more useful once you've studied on your own, as you will be knowledgeable enough to ask intelligent questions and provide insightful comments in a discussion.
- Study groups can become social (unproductive) or competitive – avoid them if this will bother you.